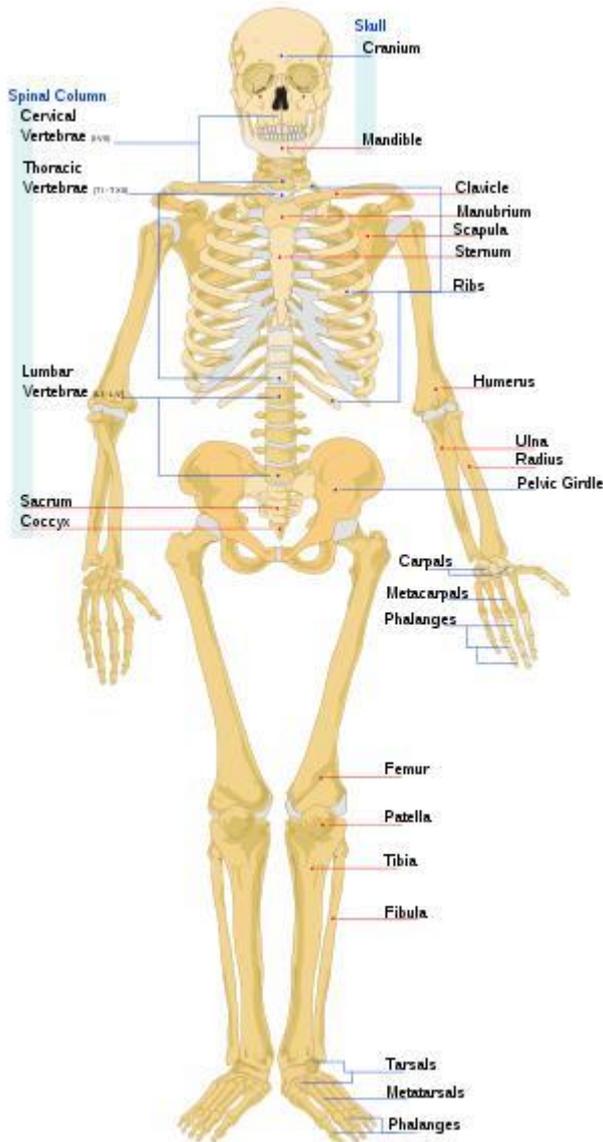


List of Bones in the Human Body



There are 206 bones in the human body. Over half of these bones are in the hands, which have 54 bones, and the feet, which have 52 bones. Here is the full list:

Bones in the Head:

Cranial bones (8):

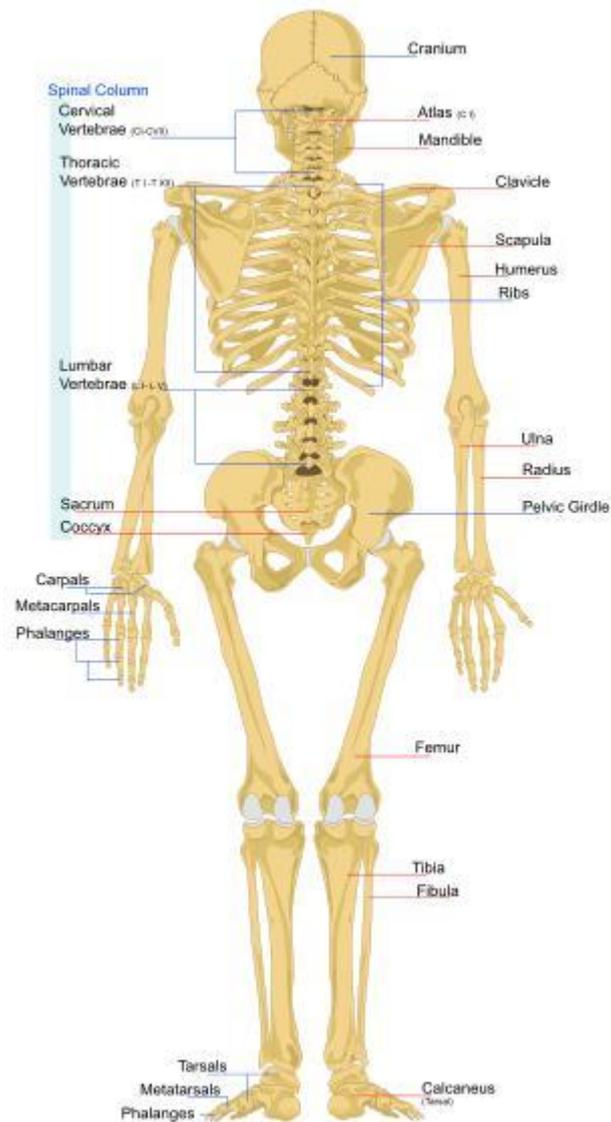
frontal, parietal (2), temporal (2), occipital, sphenoid, ethmoid

Facial bones (14):

mandible, maxilla (2), palatine (2), zygomatic (2), nasal (2), lacrimal (2), vomer, inferior nasal conchae (2)

Ear bones (6):

malleus (2), incus (2), stapes (2)



Throat bones (1):
hyoid

Bones below the head:

Shoulder bones(4):
shoulder blade (2), collarbone (2) (also called the clavicle)

Thorax bones (25):
sternum (1), ribs (2 x 12)

Vertebral column bones (24)
cervical vertebrae (7), thoracic vertebrae (12), lumbar vertebrae (5)

Bones in the Arms:

Upper Arm bones (2):
humerus (2)

Forearm bones (4):
radius (2), ulna (2)

Hand Bones (54):

Wrist bones:
scaphoid (2), lunate (2), triquetral (2), pisiform (2), trapezium (2), trapezoid (2), capitate bone (2), hamate (2)

Palm bones:
metacarpals (5 x 2)

Finger bones:
proximal phalanges (5 x 2), intermediate phalanges (4 x 2), distal phalanges (5 x 2)

Pelvis bones (4):
sacrum, coccyx, hip bone (2)

Leg bones (6):
femur or thigh bone (2), patella (2), tibia (2), fibula (2)

Feet bones (52):

Ankle bones:

calcaneus (heel bone) (2), talus (2), navicular (2), medial cuneiform (2), intermediate cuneiform (2), lateral cuneiform (2), cuboid (2), metatarsal bone (5 x 2)

Toe bones:

proximal phalanges (5 x 2), intermediate phalanges (4 x 2), distal phalanges (5 x 2)